

Mid-County Senior Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Santa Cruz, CA
Permit #7072

**Friendly reminder—Renew
your annual dues on the
date shown above your
name on your address label**



EVERY TUESDAY 1:00-3:00

Doors open at 12:15

Bingo Pad, \$10 – Win up to \$100!

Additional pads \$8, ½ Pad alone \$6

½ Pad with Full Pad, \$4,

\$1.00 Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase

Must be over 18 to play. Open to the public, Doors open at 12:15



THE MID-COUNTY SENIOR CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION
DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 51, NO. 1

BOWMAN RANCH BREAKFAST

Sunday - January 26, 2025

8:30am – NOON

\$11/ Adults - \$5/ Kids (ages 10 & Under)

OPTION#1

**Scrambled Eggs w/ Cheese or Veggies,
Hashbrowns, Bacon or Sausage, Fruit**

ALL YOU CAN EAT PANCAKES

OPTION#2

French Toast, Bacon or Sausage & Fruit



Dear Members,

At the beginning of a new year, I like to reflect on what was accomplished in the old one. 2024 was a year of change for the Mid-County Senior Center. We decided to join the 21st Century by utilizing technology for our check-in process, which has been a huge success. We are just scratching the surface on what we can do with MySeniorCenter. We also replaced the old bingo board with a smart tv and a laptop with the proprietary program. I look forward to using the tv to host special events such as a Super Bowl Party and even an Oscar Night party.

Both of our parking lot sales were well attended and continue to enhance the visibility of our facility. Our Christmas Bazaar was also a lucrative and fun event. The Choraliers continue to put on amazing shows and the Friday Night dances are a big hit. All of these activities put the spotlight on the Mid-County Senior Center and help bring in new members as well as renters. I have heard many times over the last few years from people attending one of our functions that they did not even know we were here. That is changing and it will continue to do so in 2025.

I have said before that the MCSC runs on volunteerism, and we would not be able to operate without it. I would like to thank everyone who has volunteered in the last year. You are the backbone of the Mid-County Senior Center. Thank you.

Curt Jewell, President





Why is the front desk closed ?

We NEED HELP !

We only have 4 current receptionists to cover 10 shifts. Each shift is 3.5 hours; 8:30-12PM and 12-3.30PM. The board may have to cut back & eliminate 2 shifts temporarily until we have a full crew.

YES, there is a lot to do at the reception desk *but* it is not impossible to learn.

Please consider helping us out ☺

PROJECT SCOUT, FREE TAX ASSISTANCE WILL BE BACK TO HELP OUR SENIORS WITH TAXES 2025 DATES - TBD SOON



Nancy Prevedelli is retiring from the lead receptionist at the front desk. She has been a member at MCSC for 30+years and as many of you know, most of that time has been spent *behind* the desk!

Although Nancy may be stepping down from the lead she will still be smiling & working to greet our members on Mondays & Wednesdays.

She will also continue to follow her passion as co-lead at our weekly Bingo extravaganza with Vicky Howell on Tuesdays. Thank you, Nancy, for ALL your hard work & dedication you give the Center.



Balboa Swing NEW Times
Beginners start at 5:30PM
6:30 to 8PM for Intermediates

John Guernsey
Home Loan Advisor



(831) 291-2561
John@AffordableHomeFinance.com

NMLS 2562311 / 1754199



Advertise in the Mid-County Senior Center Newsletter



Business Card Size - Circulation
500+ /month
Monthly \$40
3 Months \$108 - 6 Months \$204
One year \$384

Contact Ana at: mcsc@ana@gmail.com

If you LOVE to enjoy a fresh hot cup of coffee in the morning & this is a gentle reminder that *we run on the honor system to pay .50 cents a cup.*



Please put your monies in the white jar at the coffee station.
We appreciate ALL of our members & want to continue to provide this amenity!

CELEBRATE YOUR BIRTHDAY MONTH WITH US !!



To celebrate the people having birthdays in January the Board will host a cake party on January 17, 2025. Everyone is welcome to come and celebrate!! Each birthday recipient that participates in person will also receive a coupon for a free activity, valid for 30 days! *Please mark your calendars and plan to join us!!*

Have Medicare questions? I have answers.



Beth Powanda
Powanda Insurance Agency
Lic. #0B80536
powandainsuranceagency.com
beth@powandainsuranceagency.com
831-252-2256, TTY 711

Innovative Care Advocates



Call US for a **FREE** Consult

A Quality In-Home Care Agency
Serving Santa Cruz and Monterey Counties
CAHCL#444700010

(831) 471-5183
135 Aviation Way Suite 11B • Watsonville, CA 95076
ica@hhdlcare.com • www.innocareadvocates.com


REALTOR




Gail D. LoBello
Broker/Owner
ABR, CRS, GRI, SRES
p o box 3374
Santa Cruz, CA 95063
831-462-4825
www.GailLoBello.com
GailLoBello@gmail.com



INTEGRITY. COMMITMENT. RESULTS



HONORA ROBERTSON
Broker/Owner
As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!



DRE #00662046 | (831) 588-7426 | robertsonre@sbcglobal.net



**Board of Directors Meeting
notes for December & January
will be posted in February Newsletter**

A Festive Success: The Senior Center Gift Shop's Holiday Bazaar

On December 7th, the Mid-County Senior Center Gift Shop hosted a delightfully festive Holiday Bazaar that drew in shoppers from near and far. Attendees enjoyed the warm holiday ambiance with holiday music, coffee, and cookies to complete the experience. The event was an overwhelming success, showcasing an impressive collection of handcrafted items.



Sharon Caredio showing her hand-knitted creation - "Hearts & Flowers Fair Isle Dress"

Visitors were treated to a variety of charming hand-made goods, including knitted hats, scarves, gloves, and Afghan blankets. The Bazaar also featured adorable baby clothes, sweaters, hand-quilted table runners, potholders, tea cozies, and the ever-popular Angie's "Scrubbies." Pet owners found delight in the hand-knitted doggie sweaters and quilted doggie coats.

Additionally, beautifully crafted wooden birdhouses and unique jewelry items were a hit among shoppers. Handmade greeting cards and holiday tree ornaments added to the festive cheer.

These unique items continue to be available at the Gift Shop, which is open to the public from 9 am to 3 pm on days when the Mid-County Senior Center is open. All of these wonderful creations are made by members of "The Crafters" group, which gathers every Thursday from 11:30 am to 2:00 pm.

The group warmly welcomes more MCSC members to join in their crafting sessions and contribute to future events.

Come by, enjoy the festive spirit, and find the perfect handmade gift while supporting the talented artisans of the Mid-County Senior Center!



Linda Herring representing the Lavender Ladies @ the December 2024 Holiday Bazaar

Board of Directors

President: Curt Jewell, (831) 227-9974

1st Vice President: Bella Hughes
(831) 566-1474

2nd Vice President: Teri Mantz
(831) 588-3700

Treasurer: Cindy Kiernan,
(831) 428-9875

Recording Secretary: Marilyn Jessup,
(831) 818-0593

Corresponding Secretary:
Vicky Howell, (831) 345-6374

Directors at Large

Tony Alonzo, (831) 818-8712

Marilyn Carter, (831) 239-3038

Nancy Prevedelli, (831) 476-0416

Donna Fernandez, (831) 426-2827

Past President: Debbie Sheehan,
(949) 633-7222

Committee Chairs

Activities & Events: OPEN

Publicity: Bella Hughes
(831) 566-1474

Building & Property, Garden, & Technology
Curt Jewell, (831) 227-9974

Bylaws, Finance & Personnel
Cindy Kiernan, (831) 428-9875

Membership:
Vicky Howell, (831) 345-6374

Departments

Coordinator: Ana Alvarez (831) 476-4711

Librarian: Elke Maus: (831) 464-8983

Newsletter: Vicky Howell / Ana Alvarez

Receptionist: Nancy Prevedelli:
(831)476-0416

☀️ Sunshine Committee: Office: +476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, Curt Jewell.

**NEW MEMBERS
Joined from**

11/16/24 – 12/18/24

Catie	Cadge
Colleen	Alley
Donna	Silvia
Jaku	Kinst
James	Velmoth
Joanne	Hale
Judith	Lind
Lamar	Spalding
Leilani	Roberts
Margie	Lund
Marilyn	Birmingham
Maureen	Barber
Sally	Silva

The 90's Club
Friday January 10, 2025 @ 1:00PM
We welcome ALL who are over 90 years of Wisdom for Tea, Sweets and Conversations!



Andrew	Longmire
Ann	Sullivan
Augusto	Letona
Barbara	Montagnoli
Barry	Lasser
Becky	Adams
Bernie	Denton
Betty	Williams
Carol	Cowen
Catherine	Ellis
Cheryl	Bass
Cheryl	Daniels
Cheryl	Stone
Christine	Purcell
D J	Rodman
Diane	Finn
Doris	Berry
Edward	Riolino
Elizabeth	Porter
Hannah	Byram
Harold	Rodgers
Hedy	Mowrey
Helen	Richmond
Hunter	Reeve
James	Bender
Jeff	Clark
Jennifer	Lamb
Joan	Carroll
Joan	Kasper
John	Bowers
Juanita	Usher
Keith	Cahalen
Lili	Beggs
Mahnaz & Nariman	Zahara
Margo	Atkinson
Marilee	French
Marilyn	Birmingham
Marybeth	Cahalen
Michael	Yves Glanec
Nancy	Ficarrotta
Nancy	Jones
Pat	Johnson
Patricia	Poulos
Rhea	Guzman
Rose	Yearwood
Russell	Nicholson
Samuel	Hipkins
Shari	Nison
Sheri	DelCore
Shirley	Jackson
Su	Clark
Susan	Cutillo
Teri	Mantz
Wanda	Morgan
Yamindra	Kanaga Sundara
Yordanka	Chichmanova
Zahra	Nariman

ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors open at 12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM

Duplicate Bridge: Mon/Thu 11AM

Party Bridge: Mon 11AM

We need more players!



Pinochle: Wed's 10:30-12:30PM

Canasta: Hand & Foot

Mondays & Thursdays

12:30-3:30PM

Mah Jongg: - Fri at Noon in the Annex.

Chinese MahJong

Wed 12:30-3:30PM in the Main Room. **BEGINNERS WELCOME!**

Scrabble: Wed -12:30 PM.

Pedro- 1st Fri 1-3:45 PM

CHORALIERS

PERFORMING ARTS

Practice for our 3 times/yr live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri at Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Weds 1-3PM in the Annex. Come join us & learn how to take better photos.

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri -10am.

DANCES

[*See calendar for all details!!!](#)



EXERCISE & FITNESS

Sr. Physical Fitness – All levels welcome. Wed at 9:30
Senior Stretch – Fridays at 9am. We work the whole body in a fun way!

Gentle Yoga on mats – Mondays, 9:00-10:15am

WIN – Fridays – 8:45 in the annex for weight information

International Folk Dance

Thursdays, 10-noon (M)

QIGONG – Monday 10-11 (M)

SPANISH – Fridays

11:30-12:30 (M)

(except 3rd Friday)

IMPROV Class – 10.30-12PM

1st & 3rd Wednesday (A)

MEMOIR Workshop 1-3PM

Every other Tuesday (A)

90's CLUB

3rd Friday of the month (M)

FUN FREE FRIDAY

4th Fridays of the month (M)

GARDEN UPDATE



The garden is pretty quiet as we have our cold and rainy weather, but many are still out there working on those winter plants and prepping the soil for spring! There is no Garden Workday in January, however, there is a mandatory meeting where we will pay our dues and sign the contracts for the upcoming year. The meeting will start at 8:45AM.

UKULELE CLUB UPDATE.



December was a FUN & BUSY month with performances at the Bazaar and Elderday. Now its time to put away the bells and start a brand New Year of Music and Joy!!

ALOHA

CRAFTERS BOUTIQUE UPDATE



Crafters and Gift Shop News

The Holiday Bazaar sale was a huge success, with other vendors contributing to the wonderful holiday energy. MCSC crafters would like to thank Wordworm Party Store for supporting us with an awesome balloon arch for the Bazaar. We also want to give a big thank you to the Crafters for their contributions throughout the year without their efforts there wouldn't be a gift shop.

Here is to a great start for the New Year. We are looking forward to the new year with ideas for crafting workshops. The gift shop will continue to evolve with new items including Yami's spices, local honey and of course local crafts. The Lavender Ladies now have a bigger inventory of items offered in the gift shop as well.



MCSC Photo Club January 2025 Schedule



January 1st – Happy New Year
January 8th – Field Trip (TBD)
January 15th - DL photos to your PC
Effects of light
January 22nd – Lenses , Flash
January 29th – Filters , Batteries

How do mountains stay warm in winter?
They put on their snowcaps.



Last month we enjoyed a presentation by Grouper. Many of you may still be wondering, What is Grouper?

GROUPER is a leading movement that encourages healthy living through meaningful social connections & shared experiences! This is an exciting benefit that allows seniors over 65+ years of age to collect \$130 a year by being social & active. Stay tuned as we provide more details about this wonderful “Benefits with Friends”.



This month we honor - Renee Feder

Renee has been a member of MCSC since 2021. In this somewhat short time period, she has made herself a volunteer that we have come to rely on. She has worked at the Front Desk, helps with the Newsletter and participates in the Photo Class. She has a warm and comforting personality, and a great sense of humor. She is always willing to pitch in and help on any task with a smile. Thank you Renee, for all that you do! We truly appreciate having you as a member and a friend. ❤️

TSUNAMI



Friday Night
January 3, 2025
7-9PM \$10/person
ALL AGES 18+ Welcome

MCSC
829 Bay Avenue Capitola, Ca 95010