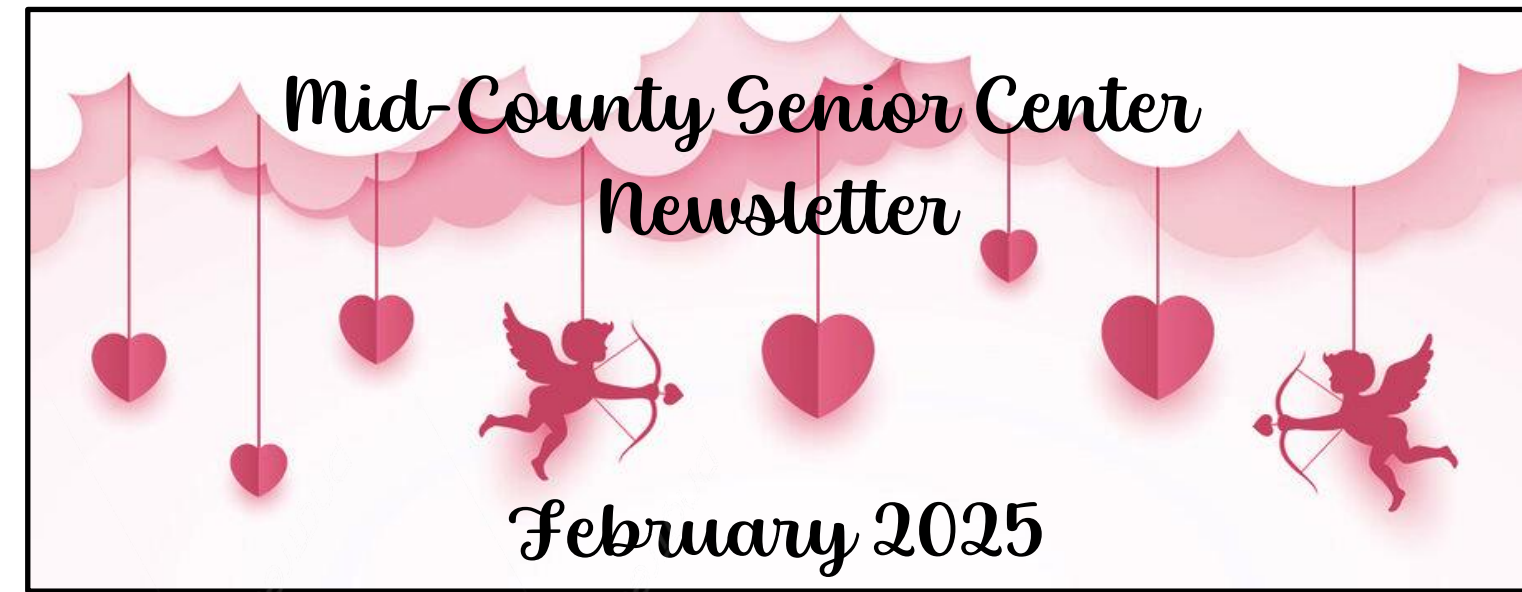


Mid-County Senior Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

Friendly reminder—Renew your annual dues on the date shown above your name on your address label

Non-Profit Org.
U.S. Postage
PAID
Santa Cruz, CA
Permit #7072



THE MID-COUNTY SENIOR CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 51, NO. 2



Friday 2/21: The Karen Phoenix Band
Debut Performance: Karen Phenix has performed alongside renowned performers such as the Doobie Brothers, Johnny Paycheck, David Frizzell and many more. The band she has put together has played for many, many shows including sold out performances of “The Tribute to Patsy Cline” at the Capitola Theater. Friday Night 2/21/25 at MCSC, they will be playing country swing, R&B, some jazz, and some soft rock. Come dance with Karin Phoenix on guitar and vocals, Allen Douglas on piano and vocals, Paul Jones from Reno, Nevada on drums and vocals, and Woody



Please call the MCSC receptionist at 831.476.4711 to schedule your appointment. Project Scout will be here on Wednesday mornings from 9-11AM beginning 2/5/25 – 4/30/25. Please schedule your appointment ahead of time!

Dear Members,

It’s been a wild winter so far in California with massive waves, wildfires, the battery plant fire, etc. Please everyone, stay safe and alert to your surroundings.

Coming up this month we will have a Super Bowl party on the ninth. We’ve decided that rather than sell beer and food, it will be a BYOB and a potluck. Bring your favorite dips, chips, dishes, etc. We will also have some small snacks available, similar to what Bingo does. I do not have a dog in this fight so as long as KC does not win, I’ll be fine.

I would like to encourage everyone to utilize the MyActiveCenter website to sign up for activities. You can prepay for the activity on this site so when you come into the center you are merely swiping on the welcome screen. We will be training the activity leaders on this in the near future with the hope that they encourage their members to use the program.

I would like to put the call out for a new Activities Leader. We are currently without one and it is this person along with the committee who drives our events and activities. As an example, since this is February we could have had a Valentine’s Day party. There will be many opportunities for activities and events in the future so please consider taking this project on.



EVERY TUESDAY 1:00-3:30

Doors open at 12:15

Bingo Pad, \$10 – Win up to \$100!

Additional pads \$8, ½ Pad alone \$6

½ Pad with Full Pad, \$4,

.50 Cent Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase

Must be over 18 to play. Open to the public, Doors open at 12:15

MEMBER SPOTLIGHT



This month we honor Emilie Holder. Emilie has been an active member of the Center since 2022. When she joined, she was volunteering in the kitchen and enjoying the Friday Night dances. Recently, Emilie stepped up to start helping at the reception desk. She then graciously agreed to start running our Breakfast service! She has just completed her second breakfast and what a wonderful job she did! Emilie was the driving force behind organizing the volunteer luncheon, which was a huge success and very appreciated! Not all our volunteers were able to make it; hopefully, we can do more of these events in the future!

If you don't know Emilie, she is a quiet force of nature. Besides the wonderful work she does here, she is very involved in her Church as well as the Biking Community and organizes huge events for them. Have you heard the saying, "If you really need something done, give it to the busiest person you know!" Emilie certainly proves that right! It is amazing all the things she signs up for and does successfully. Her organizational skills are amazing.

We are very grateful she has put so much of her effort into making MCSC successful. When you see her give her a big Thank You! We couldn't survive without people like her, willing to do just about anything. Thank you, Emilie!



FREE SUPERBOWL PARTY!

- **EXCLUSIVE EVENT for members & their Guests only!**
- **Optional: Bring an appetizer to share!**
- **BYOB: If alcohol – wine & beer only please!**
- **MCSC will have hamburgers, hotdogs and small snacks available.**

GAME STARTS FEB. 9th 3:30PM PACIFIC TIME

An Afternoon with Mystery Author, Nancy Lynn Jarvis

FREE Special Event on Friday February 21, at 12:30 pm at MCSC
 Featured Author: Nancy Lynn Jarvis
 Local Santa Cruz Mystery Writer Shares Her Extraordinary Journey

Join us for an exciting afternoon with Nancy Lynn Jarvis, a beloved local author who transforms Santa Cruz's rich history and unique characters into captivating mystery novels. Discover the fascinating world behind her

Regan McHenry Real Estate Mysteries PIP Inc. Mysteries

Mags and the AARP Gang Santa Cruz Ghost Stories and more!

FREE Special Event on Friday February 21, at 12:30 pm at MCSC

Membership not required - RSVP Signup Sheet or Phone (831) 476-4711



The Regan McHenry Real Estate Mysteries
 The Death Contingency Backyard Bones
 Buying Murder The Widow's Walk League
 The Murder House A Neighborly Killing
 The Two-Faced Triplex

PIP Inc. Mysteries
 The Glass House The Funeral Murder
 The Corpse's Secret Life Dearly Beloved Departed

<https://www.nancylynnjarvis.com/regan-mysteries.html>



HAVE YOU TRIED MYACTIVECENTER.COM?



What is MyActiveCenter? This application allows you to pre-register & pre-pay for activities & events. It is easy to use, and you can use it on any PC, Laptop, iPad or Phone. This application allows you to pre-sign in and prepay for classes.

- It works like most shopping applications. Find the product you want (in this case particular classes), add them to your wallet, and then pay for them.
- It uses secure credit card processing to make payments. This data is not saved in the app and is not passed to MySeniorCenter.
- If you have to cancel a prepaid class, just call the receptionist and she, Ana, or Cindy can cancel it and refund your money.
- You can easily see what you have paid for and what classes you still have in queue.
- Step by Step instructions are available in the office.

How is this different from the wallet? If you are not familiar with the wallet, it is a function in MySeniorCenter that allows you to keep money on account to use when you go to the center. Eventually, you'll be able to manage this in MyActiveCenter.Com. Today, however, you can only work with it through the receptionist. It is not class specific. You use it when you come in. If you prefer the wallet, just let the receptionist or Ana know and they can help you with it.

The MCSC Board highly encourages you to use MYACTIVECENTER! We would like to start by March 1st. If you need help with getting set up please see Ana.

Have Medicare questions? I have answers.



Beth Powanda
 Powanda Insurance Agency
 Lic. #0880536
 powandainsuranceagency.com
 beth@powandainsuranceagency.com
 831-252-2256, TTY 711

John Guernsey

Home Loan Advisor



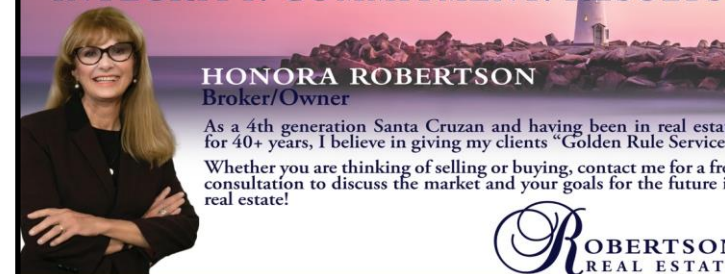
(831) 291-2561

John@AffordableHomeFinance.com



NMLS 2562311 / 1754199

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HONORA ROBERTSON
 Broker/Owner

As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!



DRE #00662046 | (831) 588-7426 | robertsonre@sbcglobal.net



Advertise in the Mid-County Senior Center Newsletter



Business Card Size - Circulation 500+ /month
Monthly \$40
3 Months \$108 - 6 Months \$204
One year \$384

Contact Ana at: mcsc4ana@gmail.com



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 Serving Santa Cruz and Monterey Counties

CA HCL#444700010

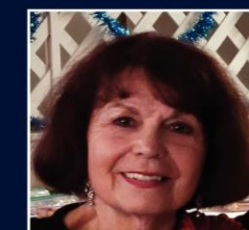


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REALTOR



Gail D. LoBello

Broker/Owner
 ABR, CRS, GRI, SRES

p o box 3374
 Santa Cruz, CA 95063
 831-462-4825
 www.GailLoBello.com
 GailLoBello@gmail.com



Mental Health Services
Dr. Kim Goldman, licensed clinical psychologist
Medicare provider
 See my profile on psychologytoday.com
 or contact me directly for a free consultation:
714.478.6412





Board of Directors Meeting Minutes for January 17, 2025

The Board of Directors met at 10AM on January 17, 2025. The Minutes of the December 20, 2024, Board meeting was approved with corrections. Since December we gained 19 members, and 10 members did not renew their membership. Total membership to date is 563. Meeting adjourned at 11:45AM.

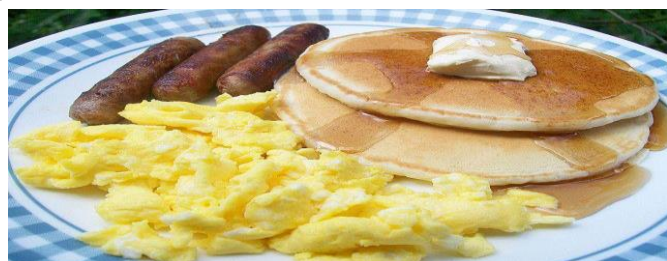
Submitted by Teri Matz

NEW MONTHLY DANCE



Our Friday night dances are attracting much attention, especially among bands who want to play for us at MCSC. We have decided to try doing dances on Sunday afternoon 3 – 5 pm from time to time to accommodate the demand and reach out to those who are no longer comfortable driving after dark. The first Sunday afternoon dance will happen February 16th 3 – 5 pm, cost \$10. It will feature the Plateau Jazz Band playing prohibition-era jazz. Their music is great to dance to or just come and listen, possibly sing-along. I'm sure you will recognize a lot of the music. Come early for the dances! There will be a dance lesson for those with a ticket to the dance starting at 2:30 pm. Give it a try and give us your feedback. Music is so good for elevating your mood and socializing with others is also very beneficial to your wellbeing. See you there!

BOWMAN RANCH BREAKFAST Sunday - February 23, 2025 8:30am to NOON



Board of Directors

President: Curt Jewell, (831) 227-9974
1st Vice President: Bella Hughes (831) 566-1474
2nd Vice President: Teri Mantz (831) 588-3700
Treasurer: Cindy Kiernan, (831) 428-9875
Recording Secretary: Marilyn Jessup, (831) 818-0593
Corresponding Secretary: Vicky Howell, (831) 345-6374

Directors at Large

Tony Alonzo, (831) 818-8712
Marilyn Carter, (831) 239-3038
Nancy Prevedelli, (831) 476-0416
Donna Fernandez, (831) 426-2827
Past President: Debbie Sheehan, (949) 633-7222

Committee Chairs

Activities & Events: OPEN
Publicity: Bella Hughes (831) 566-1474
Building & Property, Garden, & Technology
Curt Jewell, (831) 227-9974
Bylaws, Finance & Personnel
Cindy Kiernan, (831) 428-9875
Membership:
Vicky Howell, (831) 345-6374

Departments

Coordinator: Ana Alvarez (831) 476-4711
Librarian: Elke Maus: (831) 464-8983
Newsletter: Vicky Howell / Ana Alvarez
Receptionist: Nancy Prevedelli: (831)476-0416

Sunshine Committee: Office: 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, Curt Jewell.



The un-veiling of the Begonia Commemorative will be Sat. February 22. Celebration starting @ 3PM, Capitola - City Hall



19 NEW MEMBERS

Joined from
12/19/24 – 1/17/25

Jerry	Barber
Nancy	Cantwell
Megan	Corey
Kamal	Faghan
Stephany	Fiore
Katherine	Goebel
Margie	Grant
Angie	Guzman
Gail	Karpinski
Vicki	Kuhlmann
John	LaCrosse
Kymberly	LaCrosse
Kay	Luce
Dorothy	Malutta
Lester	Pedrazzini
Carole	Reese
Gypsy	Sence
Azra	Simonetti
Stephen	Weldon

CELEBRATE YOUR BIRTHDAY MONTH WITH US !!



To celebrate the people having birthdays in February the Board will host a cake party on February 21, 2025. Everyone is welcome to come and celebrate!! Each birthday recipient that participates in person will also receive a coupon for a free activity, valid for 30 days! Please mark your calendars and plan to join us!!

*** 90's Club ***
Valentine's Day Party
Friday February 14th
at 1:00PM

Celebrating FEBRUARY Birthdays

Della	Atkinson	Lucy	Loscocco
Sheryl	Bailey	Thea	Luiten
Judy	Balzer	Elke	Maus
Jerry	Barber	Sue	Meachen
Sue	Clark	Maxine	Miller
Patricia	Cook	Tom	Moschetti
Steve	Creagh	Donald	Mungai
Robert	Culbertson	Janet	New
Barbara	n	Nancy	Nolan
Nina	Diamond	Kathleen	Notch
Sherry	Eklof	Florence	Nuss
Jean	Gilbreath	Marilyn	Nussbaum
Catherine	Jan	Cathy	Parisie
Glenna	Gretz	Jan	Passaro
Laurie	Dennis	Dennis	Paylow
Marilyn	Henry	Henry	Pearce
Kathy	Hampton	Ellen	Peek
Shirley	Harlamoff	Jeanne	Roths
Doris	Hill	Janie	Stone
Susan	Jessup	Galen	Sullivan
Patrick	Johnson	Janet	Tainty
Judy	Johnson	Marilyn	Taylor
Susie	Jones	Per	Trondhjem
	King	Helen	Waller
	Kretsch	Michael	Waller
	Kusalich	Wendelyn	Wells
	Land	Sandy	White
		Karin	Wigren

BRADLEY PRESENTS A PRE-VALENTINE'S EVENING OF SWINGIN' FUN FEATURING THE MUSIC OF FRANK SINATRA



WITH
JOHN MICHAEL, VOCALS
BRADLEY HECHT, TENOR SAX
NELSON HUTCHISON, GUITAR
CHRIS CHARMAN, BASS
BEN SIBLEY, DRUMS

AT THE MCSC 7-9PM \$10 COVER
829 BAY AVENUE CAPITOLA, CA 95010 (OFF BAY AVE, BEHIND THE PARTY STORE)

ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors open at 12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM
Duplicate Bridge: Mon/Thu 11AM
Party Bridge: Mon 11AM
We need more players!



Pinochle: Wed 10:30-12:30PM

Canasta: Hand & Foot
Mondays & Thursdays
12:30-3:30PM

Mah Jongg: - Fri at Noon in the Annex.

Chinese Mah Jongg

Wed 12:30-3:30PM in the Main Room. **BEGINNERS WELCOME!**

Scrabble: Wed -12:30 PM.

Pedro- 1st Fri 1-3:45 PM

CHORALIERS

PERFORMING ARTS

Practice for our 3 times per year live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri at Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Wed 1-3PM in the Annex. Come join us & learn how to take better photos.

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri 10am.

DANCES

**See calendar for all details!!!*



EXERCISE & FITNESS

Sr. Physical Fitness – All levels welcome. Wed at 9:30
Senior Stretch – Fridays at 9am. We work the whole body in a fun way!

Gentle Yoga on mats – Mondays, 9:00-10:15am
WIN – Fridays – 8:45 in the annex for weight information
International Folk Dance Thursdays, 10-noon (M)
QIGONG – Monday 10-11 (M)

SPANISH – Fridays 11:30-12:30 (M)
(except 3rd Friday)

IMPROV Class – 10.30-12PM
1st & 3rd Wednesday (A)

MEMOIR Workshop 1-3PM
Every other Tuesday (A)

90's CLUB
2nd Friday of the month (M)

FUN FREE FRIDAY
4th Fridays of the month (M)



GARDEN UPDATE

Things are quiet in the garden right now with the cold, but there is still plenty to do getting those beds ready and staying up on the weeds. February is a great time to get those winter plants started (Asparagus, Beets, broccoli, Cabbage, Carrots, Peas, Letus, Spinach, Onions, and many more).

The Community workday starts again Saturday, February 1st. We start at 8:45AM with a meeting to follow. There is a lot of clean up and weeding to do in all areas. If you can't make it, please work with your district rep as make-up hours now need to be done in the same month.

UKULELE CLUB UPDATE

In January we welcomed back members who had been away on holiday travels. Several new music lovers also visited us! We were ready to put Christmas music away & return to other tunes in our repertoire. We're looking forward to another busy year with visits to Elderday in Watsonville along with other events & celebrations! If you are interested in meeting some great people, enjoy group activity & love making joyful noise, please join our happy group! There are no rules or regulations, just the love of music & aloha spirit! All levels are welcome. Together let's spread some musical sunshine on these cold winter days!

CRAFTERS BOUTIQUE UPDATE



Warm Hearts, Cozy Heads: Your Winter Wonderland of Gifts Awaits!

Beat the Chill in Style

Brrr! Those chilly forties are calling for some serious comfort. Our gift shop has the perfect solution to keep you and your loved ones toasty and trendy. Dive into our specially curated discount basket of adult and kids' hats – where warmth meets fashion at unbeatable prices!

Valentine's Day: Love is in the Air

Looking for the perfect expression of love this Valentine's Day? Our new collection is here to melt hearts faster than winter snow! From romantic keepsakes to thoughtful treasures, we've handpicked gifts that say "I care" in the most delightful ways.

Crafted with Love and Made with Passion

Our talented Crafters have been working magic behind the scenes, mastering new techniques and creating unique pieces that will surprise and delight you throughout the year. Each item tells a story - waiting to become part of your special moments.

Don't miss out – stop by our gift shop and discover the warmth of winter and love!

MCSC Photo Club

February 2025 Schedule

The MCSC Photo Club is a group of photographers that meets from 1-3 PM on Wed in the Annex. We will teach you how to get the best out of your camera in a classroom environment & venture out on Field Trips to use the skills we learn in class!



February 5th – Memory Cards, White Balance
February 12th – Field Trip to Visit a Pro Photo Studio
February 19th – Workshop – Macro (Close Focus)
February 26th – DIO Choosing the Correct Lens
DII Initial Start Options



FUN FREE FRIDAY'S - STICK YOGA w/ ART FAYGENHOLTZ 2/28/24 1-3PM

