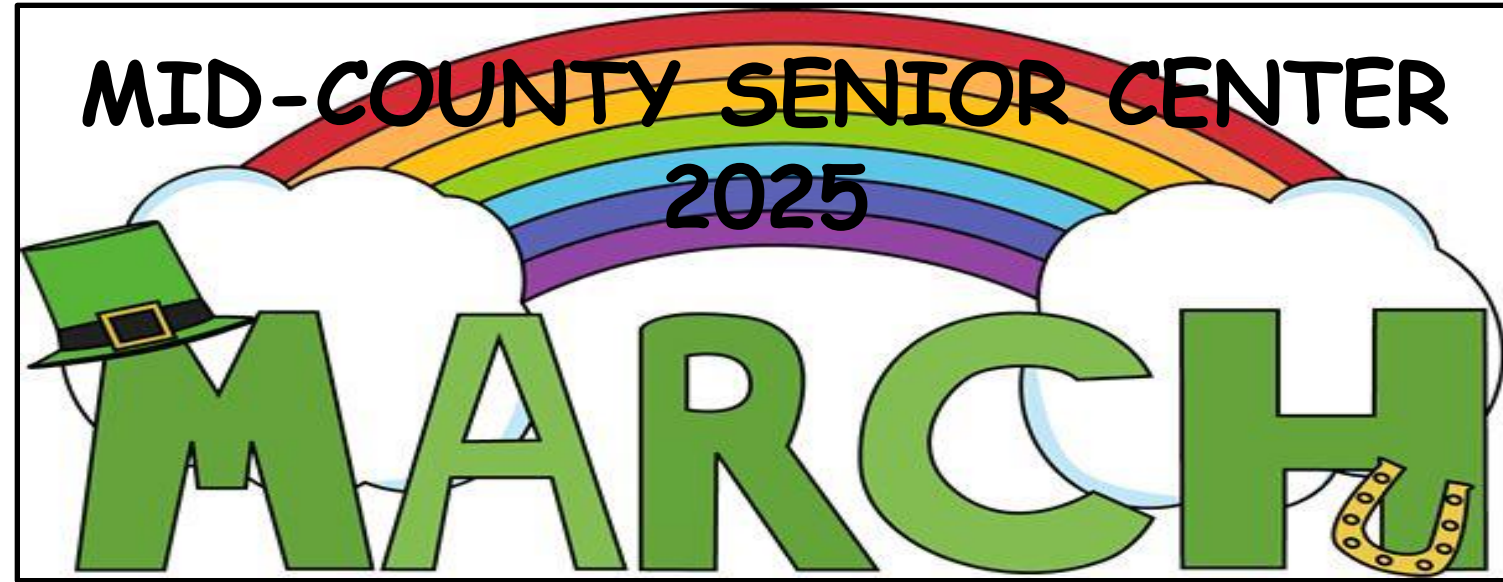


Mid-County Senior Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

Friendly reminder—Renew your annual dues on the date shown above your name on your address label

Non-Profit Org.
U.S. Postage
PAID
Santa Cruz, CA
Permit #7072



THE MID-COUNTY SENIOR CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 51, NO. 3



EVERY TUESDAY 1:00-3:30

Doors open at 12:15

Bingo Pad, \$10 – Win up to \$100!

Additional pads \$8, ½ Pad alone \$6

½ Pad with Full Pad, \$4,

.50 Cent Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase

Must be over 18 to play. Open to the public, Doors open at 12:15

ST. PATRICKS DINNER

March 17th, 2025 



Doors Open @ 4:30PM

Dinner served at 5:00PM

**Corn Beef & Cabbage
with Potatoes, Carrots & Onions**



Please R.S.V.P with
Receptionist

\$20 per Plate

MCSC - 829 Bay Ave. Capitola, Ca 95010



Dear Members,

As we forge ahead into the new year, I wanted to take a moment to address a few important updates that will affect our community.

Firstly, due to the significant rise in costs for essential items such as eggs and coffee, as well as overall inflation, we must adjust the price of our daily breakfast. Beginning next month, the price will be raised to \$15. We understand that any increase in costs can be challenging, and we assure you this decision was made after careful consideration to maintain the quality and sustainability of our offerings.

On a more festive note, we are thrilled to announce our annual St. Patrick's Day dinner, which will take place on March 17, 2025. This year's event promises to be an evening to remember, especially with the delightful culinary talents of our guest chef, Joseph Schultz. The cost to attend is \$20, and pre-registration is required to secure your spot at this exciting celebration.

We look forward to sharing these experiences with you and appreciate your understanding and continued support.



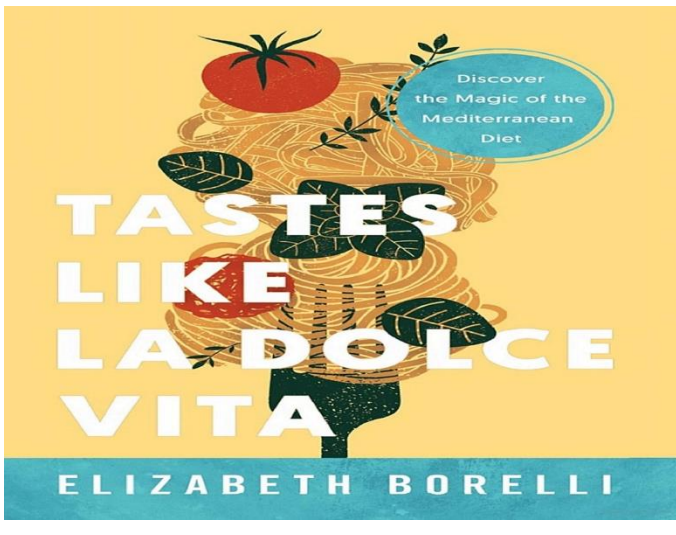
Curt Jewell, President



Save the Dates

**March 21, 2025 @ 1.00PM
SPECIAL SPEAKER**

Elizabeth Borelli will introduce her book & the Magic of the Mediterranean Diet.



**BOWMAN RANCH
BREAKFAST**
Sunday – March 23, 2025
8:30am – NOON
\$15/ Adults - \$5/ Kids (ages 10 & Under)

OPTION#1
Scrambled Eggs w/ Cheese or Veggies, Hashbrowns, Bacon or Sausage, Fruit
ALL YOU CAN EAT PANCAKES

OPTION#2
French Toast, Bacon or Sausage & Fruit



SUNDAY DANCE - \$10 MCSC Presents: **TSUNAMI BAND**



SPECIAL WORKSHOP COMING IN APRIL



Unleash Your Inner Birdhouse Designer!

Calling all creative crafters! Join the MCSC Gift Shop Crafters for a whimsical three-hour birdhouse decorating workshop! Imagine crafting a charming decorative birdhouse, adorned with moss, seashells, and whimsical oak twigs gathered straight from the MCSC garden! We'll supply the birdhouse, an enchanting array of natural goodies to embellish the roof, and hot glue guns. Feel free to bring your own special touches – broken pottery, colorful tile pieces, extra seashells, or any cherished trinkets you'd love to incorporate into your design. This project is geared as a unique piece of art and not suitable for outdoor use by birds.

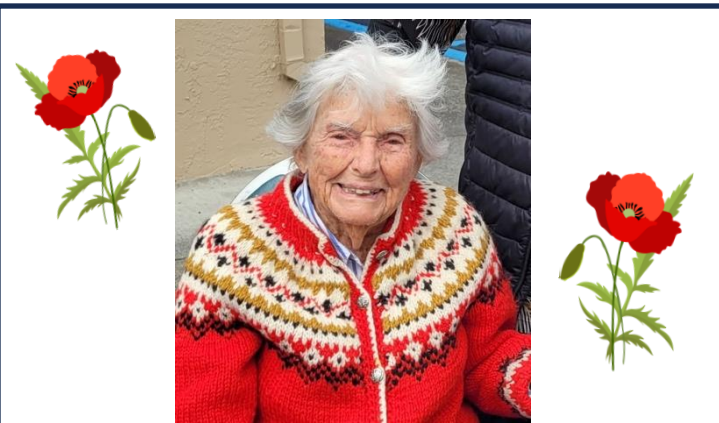
Pre-registration is \$35 payment is required via the MCSC receptionist
Saturday April 12, 2025 from 1 to 4pm
Class size limited to 6 attendees

Get your California REAL ID before May 7, 2025 Deadline

A California REAL ID is marked with a golden bear and a star in the top right corner. So check your license.



California residents should obtain a REAL ID before May 7, 2025, deadline. After this date, a REAL ID will be required to board domestic flights and enter federal facilities such as the Social Security Administration. A REAL ID is a form of identification that meets federal security standards. You can find more information and begin the application process on the California DMV website. Then you will need to take your documentation to the DMV for proof of your identity. Go to your local DMV for more details or see more online information: <https://www.dmv.ca.gov/portal/driver-licenses-identification-cards/>



HAPPY BIRTHDAY to HELGA SCHMIDT

Born on 3/12/1920 - MCSC honors you in celebrating **105 Golden Years!**
Thank you for brightening up the center.
CHEERS & Much LOVE to YOU!!!




Featured above are members Teri Mantz (2nd Vice President) & her Mother Connie Hosseini @ the Valentine 90's Party 2/14/25



REALTOR
INTEGRITY. COMMITMENT. RESULTS

HONORA ROBERTSON
Broker/Owner

As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!

 **ROBERTSON REAL ESTATE**

DRE #00662046 | (831) 588-7426 | robertsonre@sbcglobal.net

John Guernsey
Home Loan Advisor




(831) 291-2561
John@AffordableHomeFinance.com



NMLS 2562311 / 1754199

Advertise in the
Mid-County Senior Center Newsletter



Business Card Size - Circulation 500+ /month
Monthly \$40
3 Months \$108 - 6 Months \$204
One year \$384
Contact Ana at: mcsc4ana@gmail.com

The following motions were approved at the February 21, 2025 Board Meeting:

Increase the price of breakfasts to \$15 effective in March. No increase to the child price.

Approve purchase of a mobile phone for the Center, and setup a Venmo account. Estimated cost \$500 for the phone and up to \$50/month service fee.

Approve "Unleash Your Inner Birdhouse Designer" workshop on April 12.

Retain guest chef Joseph Schultz to prepare the TNL St. Patrick's dinner and compensate with \$150. Dinner will be \$20 with a cap of 125 diners.

Submitted by Marilyn Jessup

HAPPY ST. PATRICKS DAY

Board of Directors

President: Curt Jewell, (831) 227-9974

1st Vice President: Bella Hughes (831) 566-1474

2nd Vice President: Teri Mantz (831) 588-3700

Treasurer: Cindy Kiernan, (831) 428-9875

Recording Secretary: Marilyn Jessup, (831) 818-0593

Corresponding Secretary: Vicky Howell, (831) 345-6374

Directors at Large

Tony Alonzo, (831) 818-8712

Marilyn Carter, (831) 239-3038

Nancy Prevedelli, (831) 476-0416

Donna Fernandez, (831) 426-2827

Past President: Debbie Sheehan, (949) 633-7222

Committee Chairs

Activities & Events: Mari Segura (831) 818-6090

Publicity: Bella Hughes (831) 566-1474

Building & Property, Garden, & Technology
Curt Jewell, (831) 227-9974

Bylaws, Finance & Personnel
Cindy Kiernan, (831) 428-9875

Membership:
Vicky Howell, (831) 345-6374


Departments

Coordinator: Ana Alvarez (831) 476-4711

Librarian: Elke Maus: (831) 464-8983

Newsletter: Vicky Howell / Ana Alvarez

Receptionist: Nancy Prevedelli: (831)476-0416

 Sunshine Committee: Office: 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President. Curt Jewell.

15 NEW MEMBERS

Joined from
1/18/25 – 2/20/25

Anne	Whitney
Carol	Roe
Dana	Duran
Darlene	Aguirre
Diane	Kamaolipua
Gregory	Tarsy
Ines	Marshall
Marcia	Hand
MaryAnn	Alvarez
Owen	Hand
Peggy	Church
Rick	Glissman
Rita	DeBernardo
Robert	Traugher
Susan	Raay

TOTAL MCSC MEMBERS 539



March Birthdays

Audrey	Strayer
Brian	Kindell
Carolyn	Crocker
Chieko	Yoshikawa
Colleen	Mc Cray
Donna	Silvia
Dorothy	Jones
Frank	Turner
Helga	Schmidt
Jill	Devaughn
Jim	Whitman
Joseph	Nussbaum
Judith	Murdock
Julia	Akin
Lena	Schmalenbach
Linda	Fields
Lisa	Beasley
Lynn	Barry
Lynn	Jackson
Mary	Healy
Mary Lee	Ryan
Melissa	Moriarty
Melita	Israel
Michele	OBrien
Myrna	Golliher
Nancy R.	Prevedelli
Nikola	Shishmanov
Peter	Mrdjen
Reva	Snyder
Ronna	Schulkin
Shirley	Spain
Stella	Slade
Sue	Andre
Suzanne	Haley
Tony	Alonzo

MEMBER SPOTLIGHT



This month we are highlighting Emily Troutner. She has only been a member for a little over a year now, but she has really dived in and joined the club. She started in the office helping with MySeniorCenter initial registration and has continued to help us on many projects and articles for the newsletter. She has arranged for special speakers and always helps with the folding of the newsletter. If we have a special project, she is one of the first people we think of to help! She is working closely with the gift shop to create advertising and still finds time to participate in weekly activities such as Qigong, Senior Stretch, and the Crafters. Emily brings a positive energy to the center; she is always smiling and has been a great promoter of our center externally. We are happy she has joined us and appreciate all she does. *If you don't know her, you should. She will brighten your day every time you see her!*



CELEBRATE YOUR BIRTHDAY MONTH WITH US !!



To celebrate the people having birthdays in February the Board will host a cake party on **March 21, 2025**. Everyone is welcome to come and celebrate!! Each birthday recipient that participates in person will also receive a coupon for a free activity, valid for 30 days! *Please mark your calendars and plan to join us!!*

ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors open at 12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM

Duplicate Bridge: Mon/Thu 11AM

Party Bridge: Mon 11AM

We need more players!



Pinochle: Wed 10:30-12:30PM

Canasta: Hand & Foot

Mondays & Thursdays

12:30-3:30PM

Mah Jongg: - Fri at Noon in the Annex.

Chinese Mah Jongg

Wed 12:30-3:30PM in the Main Room. **BEGINNERS WELCOME!**

Scrabble: Wed -12:30 PM.

Pedro- 1st Fri 1-3:45 PM

CHORALIERS

PERFORMING ARTS

Practice for our 3 times per year live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri at Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Wed 1-3PM in the Annex. Come join us & learn how to take better photos.

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri 10am.

DANCES

**See calendar for all details!!!*



EXERCISE & FITNESS

Sr. Physical Fitness – All levels welcome. Wed at 9:30

Senior Stretch – Fridays at 9am. We work the whole body in a fun way!

Gentle Yoga on mats –

Mondays, 9:00-10:15am

WIN – Fridays – 8:45 in the annex for weight information

International Folk Dance

Thursdays, 10-noon (M)

QIGONG – Monday 10-11 (M)

SPANISH – Fridays

11:30-12:30 (M)

(except 3rd Friday)

IMPROV Class – 10.30-12PM

1st & 3rd Wednesday (A)

MEMOIR Workshop 1-3PM

Every other Tuesday (A)

90's CLUB

2nd Friday of the month (M)

FREE FRIDAY – Stick Yoga

4th Fridays of the month (M)



GARDEN UPDATE

We are so excited it is March, and the promise of Spring is here! All the gardeners are busy getting their plants and beds ready!

The garden workday will be March 1st at 8:45AM. A gardener meeting to follow.

**PRE REGISTER
SPRING BAZAAR
Sat. May 10th 2025
NOW ACCEPTING VENDOR
APPLICATIONS**

UKULELE CLUB UPDATE

Now that Valentine's Day is gone, we are now dusting off music for St. Patrick's Day! Irish or not come join us for wearing of the green. Not aloha this month but Erin go Bragh! All levels and instruments are welcome!



Friday - March 14th 1:00PM



Why did the leprechaun bring a ladder to the bar?

Because he heard the drinks were on the house!



CRAFTERS BOUTIQUE UPDATE



Our collection of Farmers Market and tote bags is here, perfect for your shopping adventures or as thoughtful gifts. Don't miss out on our winter hats, now at 50% off!

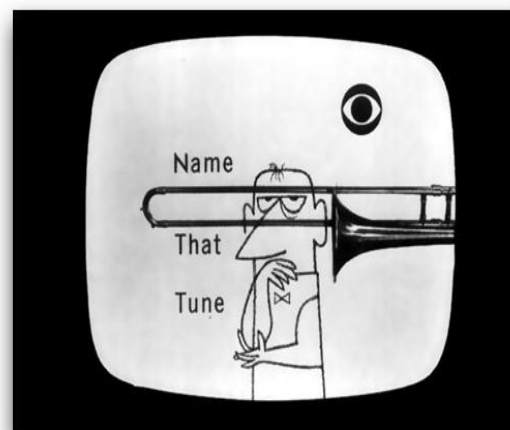
It is the perfect time to grab a cozy hat and scarf.

Get ready for spring!

We'll soon be unveiling our delightful Easter and Spring/Summer items. Keep an eye out for those special additions that our talented crafters are busy creating for you. Thank you for being part of our creative community. We look forward to seeing you in the shop soon!

The Choralier Game Show Network Presents

Name That Tune 2 ... Or Else!



Sing and play along with us as our senior contestants try to stump you, our knowledgeable audience!

Sunday, April 13, 2025

Showtime: 2:00 PM

\$10 Adults/\$5 Kids

MCSC Photo Club

Would like to thank Tony Pagliaro for hosting our photo club in his Capitola Gallery

March 2025 Schedule



March 5th – Self Timer

March 12th – Auto Exposure Bracketing (AEB)

March 19th – Workshop – Learning Experience

March 26th – Extended Backup Organizing



Tuesday Nights at MCSC March 4th thru April 1st

What Advanced Dancers Know

5 week series: look and feel like an advanced swing dancer

Musicality If you have a comfortable relationship with 6 and/or 8 count swing, you will get a ton out of this series. You'll advance from where you are, wherever you are. We want to move quickly through advanced concepts. *Connection*

Tuesdays: **March 4th thru April 1st 7-8pm Class then 8-9pm open dance**

\$50 per person for the 5 week swing workshop (7-9pm)

Lead/follow skills **ADDED Bonus Best Deal** *Solo and break away* **or \$75 if you combine with 6-7pm Balboa Basics and Beyond pre-workshop class**

Practice what you've got with the open DJ'd dance that follows

This is a Series Workshop. Not Drop-in.

1st class cash at door OK

MCSC, 829 Bay Ave, Capitola

